



Colette Clark, Chair
Xeno Rasmussen, Vice Chair
Sandy March, Committee Member
Judith Murphy, Committee Member
Wajeetha Khan, Committee Member
Udaya Rajbhandari, Committee Member
Noreen Rodenhurst, Committee Member
Don Downey, Alternate Committee Member
Sherri Muller, Alternate Committee Member

Senior Citizens Advisory Committee Agenda

**Alcosta Senior and Community Center
Park and Gardens
9300 Alcosta Blvd.**

**August 10, 2026
10:00 AM
Special Meeting**

Agenda Questions: Contact Parks & Community Services at (925) 973-3207

1. Call To Order/Roll Call

2. Public Comment

Members of the public are welcome to address the Committee during Public Comment on any item not on this agenda that is within the Committee's authority. Please direct all comments to the Committee, not to City staff or the public. Each speaker will have up to 3 minutes to speak. Speaking time may not be transferred to another person. State law does not allow the Committee to take action on items that are not listed on the agenda.

3. Committee Business

3.1 Approval of June 1, 2026, Meeting Minutes

3.2 Review of Senior Citizens Advisory Committee 2026 Annual Goals

Presented by Steve Cox, Recreation Supervisor

3.3 Senior Citizens Advisory Committee Walk, Talk, and Connect Events Discussion

Presented by Steve Cox, Recreation Supervisor

3.4 Committee Reports and Announcements

4. Adjournment

This agenda is posted in accordance with Government Code Section 54954.2(a). For disability related accommodations, please contact the City Clerk's Office at least 48 hours in advance of the meeting at 925-973-2539, or cityclerk@sanramon.ca.gov.

Public Comment

Members of the public may provide comments in person during the meeting. If you wish to speak, please complete a request to speak card available in the back of the meeting room and submit it to staff before the public comment period begins.

Written comments may be submitted by email to cityclerk@sanramon.ca.gov, indicating “Public Comment” and the corresponding “Agenda Item #” in the subject line. Written comments received up to two hours before the meeting will be provided to the Committee and posted online in advance of the meeting at <https://sanramonca.portal.civicclerk.com> under the meeting date. Comments received after the cutoff will be provided to the Committee the following day and posted online as noted above. Written comments will not be read aloud.

Attendee Conduct

There will be zero tolerance for any person addressing the Committee making profane, offensive and disruptive remarks, or engaging in loud, boisterous, or other disorderly conduct, that disrupts the orderly conduct of the public meeting. Specifically, it is important for all speakers to adhere to the following guidelines for participation in this meeting:

- a. No profanity or obscenity
- b. Refrain from personal threats or attacks.
- c. Refrain from hateful epithets and demeaning language based on any person’s race, religion, sexual orientation, ethnicity, gender, or disability.
- d. Respect all people that are present.

At the discretion of the Committee Chair, a speaker may forfeit speaking time for any of the following reasons:

- a. Exceeding the allotted time to speak;
- b. Yelling, screaming, or other behavior that renders this Committee unable to continue the meeting;
- c. Excessive profanity or slander;
- d. Specific threats or “fighting words” that incite violence; or
- e. Speech that is outside the subject matter jurisdiction of the Committee or the specific agenda item in which you are speaking.

While the City of San Ramon upholds the First Amendment rights of all participants, we do not accept or endorse offensive or hateful comments made during our meetings. We celebrate the diversity of our community and strive to maintain a welcoming and inclusive environment for all.

**CITY OF SAN RAMON
SENIOR CITIZENS' ADVISORY COMMITTEE**

June 1, 2026
Regular Meeting
Draft

1. CALL TO ORDER/ROLL CALL

Acting Chair Clark called the meeting to order at 10:07 AM.

Present: Chair Colette Clark, Vice Chair Xeno Rasmusson, Committee Members Wajeeha Khan, Sandy March, Judith Murphy, Udaya Rajbhandari, Noreen Rodenhurst, Don Downey (alternate) & Sherri Muller (alternate)

Other Attendees:

Steve Cox, Parks and Community Services Recreation Supervisor; Suzy Chow, Parks and Community Services Recreation Coordinator; Peter Chan, Parks and Community Services Office Technician II; Terry Koehne, Parks and Community Services Commissioner

Short introductions were provided by members of the committee.

2. PUBLIC COMMENT

At this time, those in the audience are encouraged to address the Senior Advisory Committee on any items not already included on today's Agenda. If possible, comments should not exceed three minutes. If this is not considered sufficient time to address the issue, please arrange with the Secretary to have that item placed on the Agenda for a future Committee meeting.

Recreation Supervisor Cox read a comment from the suggestion box and one received via e-mail

3. COMMITTEE BUSINESS

3.1 Approval of the April 6, 2026, Meeting Minutes

Committee Member Rajbhandari's motion to accept the April 6, 2026 meeting minutes was seconded by Committee Member March and passed 7-0-0-0.

3.2 Overview of the Pups and Tots Village Organization, Volunteer Opportunities, and Employment Pathways.

Pups and Tots CEO, June Dhar, was not able to make the meeting.

3.3 Home Match Presentation on Affordable Housing, Senior Roommate Matching,

Social Connection, and Supplemental Income

The director of Home Match Contra Costa, Logan Robertson, gave a presentation about Home Match.

3.4 Alcosta Senior & Community Center Participation Report

Recreation Coordinator Chow gave a report on quarterly participation at the Alcosta Senior & Community Center. Feedback was provided by the committee.

3.5 Committee Reports and Announcements

Vice Chair Rasmusson and committee members Murphy and Downey provided updates.

4. ADJOURNMENT

Chair Clark adjourned the meeting at 11:11 AM.



Senior Citizens Advisory Committee Staff Report Item No. 3.2.

Date: August 10, 2026

To: Senior Citizens Advisory Committee

From: Henry Perezalonso, Parks and Community Services Director
Steven Cox, Recreation Supervisor

Subject: Review of Senior Advisory Committee 2026 Annual Goals

Recommendation:

It is recommended the Senior Advisory Committee review the 2026 Annual Goals and discuss the status of each goal.

Background:

Each year, the Senior Advisory Committee establishes annual goals to help guide its work and support the City Council's priorities for older adult services. The annual goal-setting process provides an opportunity to evaluate completed projects, identify emerging community needs, and prioritize initiatives that will enhance programs, services, and quality of life for older adults in San Ramon.

The Senior Citizens Advisory Committee will discuss the status of the current 2026 goals (Attachment A), review what can be accomplished for the remainder of the term as they begin work on the Annual Report.

Fiscal Impact:

There is no fiscal impact associated with this item.

Alternative Option(s):

There are no alternative options for this item.

Next Steps:

Staff will bring back individual goals to the Committee for further discussion as needed, and to discuss how to progress toward completing each goal.

Attachment(s):

A. San Ramon Senior Advisory Committee 2026 Goals

Attachment A:

Senior Advisory Committee 2026 Goals

- 1.** Collaborate with City staff to research the requirements and benefits of becoming an Age-Friendly Community. Identify what age friendly is for the City of San Ramon Community. Evaluate current City programs, facilities, and services through an age-friendly lens, identify areas for improvement, and provide recommendations to the Parks and Community Services Department and City Council.
- 2.** Work with City staff to evaluate ways to expand on-site resources, referral systems, and outreach efforts to strengthen the Alcosta Senior and Community Center's role as a central access point for community services in San Ramon.
- 3.** Work with City staff to provide input on programs, services, and events that reflect and celebrate the cultural diversity of San Ramon's older adult population. Identify opportunities to expand inclusive programming, intergenerational partnerships, and outreach efforts that promote cross-cultural connection, understanding, and engagement amongst San Ramon's aging population.
- 4.** Help staff identify meaningful volunteer roles for older adults across City programs, events, and partner organizations. Provide recommendations on strategies to engage, recruit, and retain senior volunteers, highlighting how their skills, experience, and community connections can contribute to San Ramon's overall civic vitality.
- 5.** Plan and host community walks at parks and neighborhood gathering spaces to engage directly with older adults throughout San Ramon. Use walks as opportunities to share information about programs and services, gather feedback on community needs, and promote active living and social connection among San Ramon's senior population.



Senior Citizens Advisory Committee Staff Report Item No. 3.3.

Date: August 10, 2026

To: Senior Citizens Advisory Committee

From: Henry Perezalonso, Parks and Community Services Director
Steven Cox, Recreation Supervisor

Subject: Senior Advisory Committee Walk, Talk & Connect Events

Recommendation:

Review and discuss a proposed series of Walk, Talk & Connect events, to engage with older adults, evaluate accessibility and amenities, and better understand the needs of seniors throughout San Ramon.

Background:

It is a goal of the Senior Advisory Committee to better understand the needs and wants of older adults throughout San Ramon. Hosting a community Walk, Talk & Connect Event in parks across the City provides an opportunity for Committee members and staff to meet directly with residents in their neighborhoods. These meet-up events will provide an informal setting for participants to stroll around the park, discuss barriers they experience, identify opportunities for improvements, and share ideas for enhancing City programs and services for older adults.

Senior Advisory Committee (SAC) members should select the community walk(s) they are available to attend as representatives of the Committee and the community. To avoid establishing a quorum, no more than three SAC members should attend any single walk.

After each walk, participating SAC members should be prepared to share a summary of what they heard from senior attendees, including common concerns and suggestions, at the following SAC meeting.

Staff recommends the following schedule:

Proposed Park	Proposed Date	Proposed Time
Central Park	September 16, 2026	9:00–10:30 a.m.

Athan Downs	October 22, 2026	9:00–10:30 a.m.
Rancho San Ramon	November 17, 2026	9:00–10:30 a.m.
Red Willow	February 19, 2027	9:00–10:30 a.m.

Staff recommends promoting the Walk, Talk & Connect events through the Encore! newsletter, the City's website and social media channels, the Senior Center email distribution list, flyers at City facilities, community partner organizations, and announcements at senior programs and Senior Advisory Committee meetings.

Fiscal Impact:

There is no fiscal impact associated with this item.

Alternative Option(s):

Senior Advisory Committee Members may recommend alternate dates, times, and parks for consideration.

Next Steps:

Following committee approval, staff will finalize the locations, dates, and promotional plan, coordinate logistics, and begin public outreach

Attachment(s):

None